

“HEAVENLY HERALD” NEWSLETTER

Church of God 7th Day

1150 NE 9th St., Grants Pass, OR 97526

541.479.2440

www.sabbathfellowshipofgrantspass.org

11:00 am Bible Study
12:00 pm Worship Service & Sermon
1:00 Potluck Open to the Community

WELCOME
to the
“Biggest Little Church in Town”
Pastor Ralph Orton, Ministering
Sherry Orton, Bible Study



June 2011 EDITION

CHURCH NEWS:

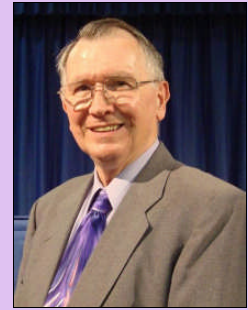
- Introducing our newest newlyweds, Ralph and Pamela. They were married on May 13th at Sis-Q-Meadows. It was a spectacularly blessed day! The weather was fabulous for the ceremony and reception that followed. The sun was shining and a slight breeze graced the day, as Ralph and Pamela walked down the path to the arena, holding hands, as their first statement of unity. The wedding took place on the deck by the river, as family and friends enjoyed the outdoor tariffed seating. A sweet aroma filled the air, and the melodic sound of the river created a natural peace-filled setting. Officiating the ceremony was Pastor Rich Foreman. Several members of our church were in attendance. All of those, who weren't able to attend missed out on the God-centered celebration of two hearts joined together in the Lord Jesus. Following the wedding, was a well-presented meal at the reception, created by the bride and groom. Music was softly playing in the background, as the guests congratulated the newlyweds. It was a day to remember in the scrapbooks of time. Congratulations to you both; and, may God always bless your lives together in Him!
- Shawn and Nadia are settling into their new positions as co-Sabbath School teachers. When Pastor Ralph asked them if they would like to have the children's ministry, they took time to pray about the positions, and later agreed to rise to the challenge. Once they accepted the offer, they immediately began restructuring the classroom that's located between the sanctuary and the "Helping Hands" room. Their hope is to fill the room with children, as the church expands. Nadia had no idea why she had been purchasing children's Bible games and supplies prior to the offer; but, once the offer was made, she realized that God had a plan that she knew nothing about. They have filled the shelves in the room with supplies and games and began giving the room a facelift. Now, they're ready for the children and trusting that God will send them!
- Shawn preached his second sermon on May 14th. He has a unique style, and definitely brought scripture! If one didn't know any better, one would think he'd been preaching for quite some time. Perhaps, he will have a more active roll as time goes on. Let's be sure to support and encourage him. He is a real blessing to this congregation; and, hopefully, more sermons will be given by him in the future. Thank you, Shawn!

UNITY OF BELIEF

DIVERSITY OF
UNDERSTANDING

ONE IN CHRIST

**PASTOR RALPH'S
NOTES OF ENCOURAGEMENT**



“Live As You Should *In Him*”

My wife's mother and sister visited recently and they brought a friend. The friend was a very interesting person. She and her husband live on thirty-eight acres in northern Idaho. They have two year-round creeks and all their electricity is provided on-site by solar panels. They have chickens and other farm animals; plus, they grow a lot of their own food. She is a Christian woman and believes in being prepared, but more importantly, she believes God is her ultimate protector. I think she is absolutely right. This woman was blessed to be in a position to be as self-sustaining as she is. Not many of us can be that prepared physically. Nevertheless, we can and should be prepared to accept God's protection. Not everyone will escape persecution; and, the marvelous thing about this lady is that she knew she was not, "Safe" simply because of her preparations. Still she was, "Safe" in the sense that with God we can all "Ultimately" be winners.

- Ø *(1 Tim 4:16 NIV) Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.*
- Ø *(Heb 10:35-37 NIV) So do not throw away your confidence; it will be richly rewarded. {36} You need to persevere so that when you have done the will of God, you will receive what he has promised. {37} For in just a very little while, "He who is coming will come and will not delay.*

We are among the most blessed people that have ever lived. Do we know that? Do we believe that? Do we act as if that is true? We are the children of God! Do we make our father happy or sad? Is He proud of us or ashamed? Are we so involved with this life that we lose our perspective and forget that this life is not more important than the life we have been promised? In this present time, the news seems to get worse each day. Floods, hurricanes, tornadoes, earthquakes, global financial collapse, and terrorism throughout the world have become commonplace. It is enough to make you want to run and hide; but, *there is no place to hide*. So, what can we do? Pull some money out of your purse or wallet and you will see the answer, "In God We Trust." So, do your part as you can; but, do not put your trust in your own efforts. Our Father in Heaven will not forsake His children; and, we *are* His children. There is victory in Jesus. We are not losers, if we will just live as we know we should.

- Ø *(Rom 8:13-16 NIV) For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live, {14} because those who are led by the Spirit of God are sons of God. {15} For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father." {16} The Spirit himself testifies with our spirit that we are God's children.*

Pleased to be yours in Christ,

Pastor Ralph

Church of God 7th Day Newsletter
June Edition 2011

In Weekly Service:

Pastor Ralph Orton, Minister/ Pastor
Sherry Orton, Bible Study Instructor

Jason Slawson, Door Greeter
Donna Parker, Prayer & Praise Requests
Tom Dalgliesh , Scripture Reading

UPCOMING EVENTS & COMMUNITY ACTIVITIES

Women's Luncheon 3rd Friday of each month. The next meeting will be on June 17th, 12:00 pm at "Sizzler" next to Diamond Supplies and Radio Shack on 7th Street before the freeway in GP.

Christian Music Jam: 1st Friday of each month at "The Grange" on Redwood Avenue, 6:00 pm.

Historic Hanley Farm Field Trip: June 4th between Jacksonville & Central Point. *See page 4 for details.*

Family Movie Matinee: June 11th at 2:30 pm in the sanctuary following the potluck. The movie is titled, "Maggie's Passage".

Bible Forum: June 18th at 2:30 pm in the sanctuary following the potluck.

Prayer Meeting: June 25th at 2:30 pm following the potluck.

Vacation Bible School (VBS): June 27th-July 1st from 10:00 am - 1:00 pm located at the church site.

VBS Graduation: July 2nd during Sabbath School time held inside the sanctuary.

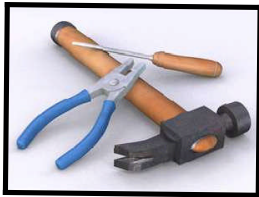
4th of July Barbecue & Fireworks: 6:00 pm at the church parking lot. Bring chairs.

Women's Luncheon Update

The May 20th luncheon was held at noon at *Applebee's*. The ladies luncheon is held on the **3rd Friday of each month**. In attendance this month were Vickie R., Odessa, Barbara, Nikki, Sherry and Nadia. They had a great time. Lots to share, as sisters in the Lord. Odessa won the 'pot'. Lucky girl. No more talk of 'I've never won a thing'! As for June 17th, the ladies have decided to meet, once again, at "*Sizzler*"; but, the July luncheon will be held at *Casa Flores* in Grants Pass.

Perhaps, you and a guest or two can join us on June 17th, or at any of our gatherings. It's a standing invitation. If you need information, call the office at 541-479-2440.

Just stop by and join in the fun!



In this economy, we need to work together to make certain that no one is lacking; so let's make sure we make our need for jobs known. By the same token, if you are fortunate enough to be able to offer a job to someone, then advertise it here.

Jason Poole: Discount Carpet Cleaning / Handyman, no job too big or too small. 541.441.0366

Valentine & Owings: Home Improvement (all types): painting, lawn & garden, fencing, etc. Free estimates. 541-892.6886

Free land! If you have free land (an acre or so), or know of somebody who can donate their land, please contact Pastor Ralph at 541-479-2440, as we are in need of a church building site, or even a small church.

J.D. Firewood: Madrone, Oak and Pine for sale, however you want it. 541.761.7057

(room for more ads here) Call with your ad info. 541.479.2440



“SHERRY’S MESSAGE”

Note: Please save Part I in the April edition, and add Part II and Part III in the May and June editions.

“**ABOUT THE BIBLE**” Part 3 of a 3-Part Series

ABRAHAM TO CHRIST

At this period in history God chose one man to become the nation who would both preserve the written records and produce the seed from whom Christ would come. This inauguration of a new beginning (Gen. 12:1) where God called Abraham's seed. Isaac was miraculous and the outcome of God's word to Abraham. Romans 4:12 Isaac produced two sons. The seed continued through Jacob. Jacob's twelve sons formed the twelve tribes of Israel. Out of these twelve, one son, Judah, was chosen by God to be the Messiah's line. David belonged to the tribe of Judah and eventually Mary.

The O.T. greatly emphasizes the genealogies relating to the "seed" for this reason. Besides this, there are many unexpected persons, such as Rahab the harlot of Jericho (Joshua 2:8-21, 6:25) and Ruth the heathen widow (Ruth 1:16-18) who because of their personal belief have part in the line of "seed" which ended in Christ. Matt. 1:5

Human history prior to Israel's beginning - Genesis Chapters 3 - 11. Genesis chapters 4 - 11 describes two beginnings, two failures and two judgments.

Israel's name came from Abraham's grandson, Jacob-Israel. Gen. 27 - 32:28
Israel's promises involved the land of Canaan. Genesis Chapters 25 - 35.
Genesis chapters 25 - 50 record exclusively the history of Jacob-Israel's family.
Genesis 15:16 explains the principle of God's patience "fully ripe". Compare
Genesis 15:16 with Gen. 18:20-21; Joel 3:13; Rev. 14:18-19.

The Canaanite religion involved the sacrificial burning of sons and daughters to Molech. 2 Kings 23:10 Israel redeemed from slavery could never have grown spiritually in such surroundings.

The prophets extolled by the writer of Hebrews chapter 11 - ABRAHAM became the pioneer of faith. ISAAC the man preserving faith. JACOB'S name and character changed to ISRAEL in answer to believing prayer and faith. God stayed with the lonely JOSEPH (Gen. 50:20) to become one of the loveliest and beautiful characters in history, and to "save much people alive."

The book of Genesis closes with the establishment of Jacob-Israel's 75 children living as aliens to Egypt, but living in prosperity because of Joseph's position as prime minister. The book of Exodus opens 400 or more years after the close of Genesis and the children of Jacob-Israel numbering around one million.

Note: *This completes the 3-part series.*



**Remember ye not the former things,
neither consider the things of old.
Behold, I will do a new thing; now it shall
spring forth;
shall ye not know it? I will even make a way**

Historic Hanley Farm Field Trip
On June 4th, the church will have a field trip to Hanley Farm located at 1053 Hanley Road (Hwy. 238) between Jacksonville & Central Point. They're holding their first annual Children's heritage fair. There will be booths and activities for kids, so they can experience pioneer life on a farm. Cost: \$4 per child, and donations are welcomed. You can take personal tours, by picking up a pamphlet to help guide you or your group around the farm. There's history to be learned! If you would like a guided tour, you can arrange for a tour that day for a small fee. You will be guided through the house by a docent to view the antiques and learn more of the family's history. The tours on this day will run from 10:00 am to 4:00 pm.
Presented by the Southern Oregon Historical Society and Hanley Farm.

II Chronicles 7:14-18
(King James Version)

14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.
15 Now mine eyes shall be open, and mine ears attent unto the prayer that is made in this place.
16 For now have I chosen and sanctified this house, that my name may be there for ever: and mine eyes and mine heart shall be there perpetually.
17 And as for thee, if thou wilt walk before me, as David thy father walked, and do according to all that I have commanded thee, and shalt observe my statutes and my judgments;
18 Then will I stablish the throne of thy kingdom, according as I have covenanted with David thy father, saying, There shall not fail thee a man to be ruler in Israel.

**HELPING HANDS MINISTRY
NEEDS LIST**
(most frequently requested items)

- | | |
|----------------------------|---------------------|
| Q-tips | Paper towels |
| Toilet paper | Wet Ones/Towelettes |
| Tooth paste | Tooth brushes |
| Spray bottles for water | Deodorant |
| 2-in-1 Shampoo/Conditioner | Combs |

"Lend a Hand" Ministry
If you have a need, or know of someone who has a need of a few extra hands, please let one of our pastors know what that request is, and when it needs to be done. He will inform the church, and get the ball rolling! Anyone, who can help on that particular day, just show up. You will be blessed!

Letter From the Editor To the Readers
It has been my pleasure to serve the Lord through this media for the past two years. I hope you have enjoyed each issue, as they have been created to glorify the Lord Jesus and edify His people. The June issue will be my last issue, as I am stepping down as Editor after serving for the past two years. I truly hope that you have been blessed by their content.
Our goal has never been to draw attention to any one contributor to this newsletter. Instead, our focus has been on Christ, His great love for us, and His infinite wisdom through His living Word.
Several people have submitted work to the Heavenly Herald faithfully by self-authored writings or through various contributions. I would like to take this opportunity to thank each person individually.
Pastor Ralph Orton: *Pastor Ralph's Notes of Encouragement*
Sherry Orton: *Sherry's Message*
Ginny Sorensen: *Health Tips*
Claude Sorensen: *How Politics Affect Christianity*
Pastor Rich Foreman: *Love ... From the Heart*
Sonny van Kempen/Dollie Foreman: *Praise & Prayer Requests*
Mike Kostal: *Praise In Song*
Sonny C. van Kempen: *Layout & Design/ Special Content*
Robert Camelli: *Additional Health Tips*
Kathy Ogren: *Garden & Household Tips*
May God continue to bless you in all of your days!
Sonny C. van Kempen, Editor/Writer

Recipe of the Month

“Cobb Salad”

Recipe modified from *Redbook*/ Photo from *James Carrier*,
MyRecipes.com



Ingredients:

- 1 head iceberg lettuce, torn into bite-size pieces
- 1/2 pound thick sliced smoked turkey or chicken, cut into thin strips
- 3 tomatoes, cut into thin wedges
- 1 avocado, peeled and sliced
- 1/4 pound shredded Jalapeño Jack cheese
- 3/4 cup pitted and diced olives

Directions:

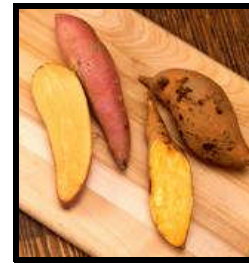
1. Arrange the torn lettuce pieces on the platter according to personal portion size.
2. Place the sliced turkey and/or chicken strips on one side of the platter
3. On the other side of the platter, place the cut tomato wedges
4. In the center, place the avocado slices
5. Top the entire platter with cheese
6. Garnish with the diced olives
7. Serve with your favorite salad dressing



GARDEN or HOUSEHOLD TIPS

“How To Grow Sweet Potatoes”

Resource: *About.com Guide (modified)*



Although the terms sweet potatoes and yams (*Dioscorea* sp.) are used interchangeably in the U.S., they are two entirely different vegetables. They are also unrelated to regular potatoes. Sweet potatoes are in the same family as Morning Glories (*Ipomoea tricolor*) and you'll easily see the similarity in leaves to the sweet potato vines we now grow as ornamentals. Although sweet potatoes require 4 months of warm temperatures to develop full size tubers, they are surprisingly easy to grow.

Bush Porto Rico - Cooper skin with orange flesh. Compact vines with big yields. Good for smaller gardens, (110 days)

Harvesting: You can dig your tubers once the foliage starts to yellow. If the foliage is hit by frost, gently dig the tubers after the tops die back. They grow close to the surface and damage easily.

Soil: Sweet potatoes like a slightly acid soil, preferring a soil pH between 5.0 and 6.5.

What to Plant: Sweet potatoes are usually grown from small rooted pieces of tuber, which are made by slicing a sweet potato in half lengthwise and placing it on a bed of damp potting soil. Cover the pieces with a few inches of soil and keep moist and warm. Small roots should develop within a few days, followed by leaves. They are ready to be lifted and planted once they're about 4 - 8 inches tall. (About 6 weeks.)

If you have a short winter, you can begin new slips from vine cuttings. Snip off about 6" from the tips of the vines, before frost. Place these cuttings in water. Once they develop roots, plant in soil & keep them in sunny location until it's time to plant outdoors.

When to Plant (Transplanting): Plant sweet potato plants as soon as the ground has warmed and all danger of frost has passed. They are often planted in raised rows, about 8" high. This helps the soil warm faster and keeps them well drained. If you are gardening in a cooler climate, spreading black plastic on the soil will also help it warm faster. Space plants about 12 - 18" apart with 3 - 4' between rows. The vines will spread and fill in. Feeding sweet potatoes tends to produce just foliage. Plant in a soil high in organic matter and then leave them alone.

Tip: Don't water your sweet potatoes during the final 3-4 weeks prior to harvest, to keep the mature tubers from splitting. Sweet potatoes can be slow starters and they don't like to compete with weeds. Keep the area clear until the top growth fills in and acts as a natural mulch. Sweet potatoes can tolerate periods of drought, but regular watering is the best way to prevent splitting.

PRAISE GOD FOR HIS GRACE IN HEARING & ANSWERING OUR PETITIONS IN PRAYER!

For 'Prayer Chain' requests, call Mary 541-582-1620

Please pray for:

Our Church Congregation, unity in Christ; God will guard our thoughts & put a protective hedge around us; a deep hunger for God's Word; healing for those who are ill; Outreach Ministries; that God will bless us with our own building or land to build upon; the Holy Spirit to lead us in every area of our lives

Church Leaders, (Worldwide) God's wisdom & a hunger for His Word

Seeds Planted Worldwide, for the Lord

World Leaders, will seek God's counsel; Christians will have a burden to pray for them

Missionaries & Christians Around the World, to be prepared for the Lord's coming; protection from the enemy; to know God's Word

Military Troops & Wounded Soldiers, God's protection & provision

Natural Disasters, God's healing, strength & recovery

Attorney Generals, that all 50 Attorney Generals will stick to what they originally said

Israel & the Middle East, for peace & the return of our Messiah

Healing Room Ministries, blessings as they grow internationally & locally; inception of 24/7 prayers

ACTS Magazine (& Staff) & General Council, a one-year commitment to pray daily for these

Christian Businesses, those struggling in this economy

Children of the World, to come out of the world & accept Jesus as Lord; safety from sexual predators & other perpetrators

Teens, will turn to God & have hope; prevention of suicide; pregnant teens will make informed choices

All Families, for marriages to be held together in unity in Christ; all to be ready for Christ's return

Lost Loved Ones, that they will turn their lives over to God

Homeless & All Who Are Having Hard Times, shelter, food & healing; to feel God's love & the love of others; peace in their heart & mind

Godly Sorrow, as repentance leads to salvation

Ralph, God's leading as pastor; **Sherry**, health issues to be resolved quickly; God to use her in a powerful way; God's leading in Bible study

Johnny, God's leading; **Michael**, strength in the Lord; **Cris**, strength in the Lord; **Nicole**, to turn back to God wholeheartedly;

Rochelle, healing; guidance, comfort, encouragement & ability to forgive; **Dave**, deliverance from addiction

Jasmine, to come to God; improvement of family relationships

Vickie, God's touch & complete healing; encouragement

Erik, good quality of life; God to be glorified in his healing

St. Jude's Church, blessings & growth in the Lord; for a good relationship with us; blessings for **Tom's** family & ministry

Rich & Dollie's Ministry, children's Sabbath School; Outreach Event; Camp Ministry; **Dollie**, complete healing

Dollie's children & grandchildren, repentance; **Kylie**, a heart open to hearing & obeying God; healing for broken wrist

Danelle & Tom, God's leading in job change, surrendered lives to the Lord; **Don**, gainful employment, good medical care & healing for elbow

Ken & Sandra, blessings in God's new direction for their lives

Ralph & Pamela, that they will always keep their eyes on God

Mary, physical healing & strength; God to guide & preserve her abilities; **Judy**, complete surrender to God & away from any evil;

Tom, that God will give him a calm even temperament, peace & healing; **Ryan**, closeness to God as he serves in the military;

Scott, healing from terminal illness; **Buck**, healing for both knee replacements; **Larry**, knee problems; **George**, unspoken prayer

Edna, strength as she battles with Lymphoma; **Blossom Joy**, complete healing from cancer; **Julie**, God's leading

Sherry, physical healing; strength, courage, discernment & wisdom to make decisions that are pleasing to God; that no cancer be found

Ron, repentance & wholehearted return to the Lord

Sonny, blessings, complete healing, strength, endurance, courage & faith; that God will provide a good job to her; family to be closer to God & His will; rest & strength; that God will resolve the current threats to her to prevent further harm.

Rolf, complete healing; to return to the Lord; **Patricia**, complete healing, strength & that God would use her current situation for His glory;

to return to the Lord; one good job

Oreda, strength & healing

Terry, Shalii & family, healing in their marriage, blessings on their family & business

Matt, God's guidance & peace; freedom from addictions; to be a positive role model for his children

Isaac, God to remove his hurt & anger & bless him with joy

Grady & Kendall, financial blessings & peace in their lives

Terry, healing, strength & perseverance

Vera, confusion to be lifted; healing of her body, mind, heart & spirit; that no cancer will be found

David, continued healing of his brain & substance dependency & for normalcy

Andres, delivery from substance abuse; strength in his recovery to not relapse

Diana, peace in the Lord; complete healing; desire & ability to exercise; see & hear from her family; wisdom in current situation;

Keith, repentance, forgiveness & awareness of what God is saying to him; **Joel & Kalen**, protection; **Cody**, healing & comfort;

Diana's children, grandchildren & great-grandchildren, unity; love for the Lord; good examples to follow; see God's leading & to respond;

Jack & family, strength in the Lord; unspoken prayer;

Pete, Bill, George, John, Charlie & Cheryl, conviction & complete surrender to the Lord

Nicole & Cristelle, healing, peace, comfort & strength

Chris & family, healing, blessing & comfort

Christina & family, healing & comfort in the loss of their daughter

Patricia, Sonny, Larry, Rita, Ron, all in need of jobs that are compatible with each one's needs

Dude, little boy who needs continued healing of his heart; success in upcoming heart surgery
Dan & Suzanne, God's leading for spiritual direction; strength as they endure financial problems
Adrian, delivery from his affliction with Autism
Nehemiah, healing & well-being; guidance in his marriage; that he will take his medicines daily
Claude, to be God's witness to the people He has placed in their path; ability to reach those thinking about suicide
Ginny, continued healing; God to watch over all her family
Verl & Patty, unspoken prayer
Keith, a job, physical healing;
Vicky, complete healing & provision for all her needs
Edith, physical healing; **Jim**, for a calmness
Loretta, healing of her left hip, better health, peace & comfort; patience & compassion for husband
Barry & Heather, God's leading & to raise their child in the church; **Barry**, physical healing
Jay, healing
Janie, healing from cancer & problems with son; **Kyle & wife**, God's guidance as they sell their home; **Dick**, continued healing;
Cheryl, Jason & Children, guidance as a family; **Sierra**, healing from Spina Bifida; **Floyd**, healing of tumor;
John, God's leading in cancer outreach ministry; **Jerry**, God's provisions in his life; **Erma, Dean, Neal & Fred**, physical healing;
Ed, healing from fall; **Regie & Delma**, healing & leading as they deal with dementia
Leona & family, peace & comfort from death of Lee
Dwavne, physical healing
Brandon, healing of muscular issues & a continuing witness for the Lord
Barbara, healing of arthritis in her hands; strength for her to be a stronger worker for Christ; further growth; recovery from ordeal with dogs
Don, continued guidance, spiritual clarity & growth in Jesus; healing of blood clots & lungs; protection for children & a reunion with them
healthier relationship as mother & son; God's leading in new relationship he is in; **Bill**, physical healing from heart problems
Jason, God's joy in his life and for God to open his eyes & ears to Him, a white-hot light for God; **Drake**, delivery from alcohol
Ron, commitment in Christ; **Brandon**, help through hard times right now; **Jen**, find the Lord; **Donna**, healing/comfort in her last days
Mario, deliverance from the enemy
Kathy & Ken, strength, leading & healing; their family to know the Lord; **Jeanie's family**, peace, comfort & strength;
Wilma, peace & comfort with the loss of one of her legs below the knee; **John**, delivery from alcoholism & healing of his liver;
Holly, needs Jesus; **Rebecca**, physical healing of her heart; **Roy**, for God to prepare him
Brett, to stay one with God; faith to continue to grow & strengthen; God's protection
Joseph, Cody & Casey, God's leading & protection
Mike, God's guidance, clarity & conviction; return to church
Steven, clarity, strength & conviction in God's leading; family unity; sale of house; physical healing
Susan, healing from Leukemia; healing from fear & lack of trust in God
Gale, family; healing in relationships; God's peace & comfort; physical healing; unspoken request; better academic abilities
delivery of her neighbor from gossiping; **Basil, Veronica & Justina** will come to the Lord; **Veronica & husband's**, marriage;
Shane, healing, to walk again; **Patricia**, peace & comfort as she deals with emotional turmoil; **Jean**, healing from breast cancer
Justina, complete healing; **Ken**, peace & comfort with the loss of his wife; **Galen**, healing from car accident
Dan, guidance in the Truth; comfort in the Lord; help with ISSA
Lenav, physical healing; to draw close to the Lord
Wayne, comfort & strength; to stay faithful to the Lord
Cynthia Teresa, protection for her from prison guards & lesbianism; courage, strength & hope
Jacob, needs prayer
Darla, healing & comfort
Germaine & Family, strength, peace & comfort as Germaine deals with pancreatic cancer
Angela, to be blessed with a job; continued healing; family unity & joy to return
Roger & Donna, blessing; healing of Donna's leg
Nadia, continued healing & mercy; normal kidney function; Holy Spirits leading in every area of life; **Israel**, God's guidance & peace; **Grandchildren**, change in their living condition; **Noah, Nikki & family**, the Lord's leading in their lives
Luke, God's help in becoming debt free, & remedying the legal situation concerning his daughter; guidance & healing of his current situation
Judy, help from God as she goes through lung disease & the death of her husband
Charla & family, continued guidance & unity in Christ
Alfred & Tami, God's leading
Patti Ann, physical, emotional & spiritual healing
Eliyah, God's leading in his life
Tony, God's peace, comfort & leading & provision
Agnes, God's will for the job offer
Elisa, God's comfort; a protective hedge around her guarding her against the enemy
Sherman, healing (sinuses, lungs & back); salvation for his sons
Donna, continued healing for foot; that she will always hear God's voice; prayer for her son & family; salvation for her two sisters
Victoria & Matt, peace in dealing with mental health issue
Jessica, remission of cancer
Dave, his ministry in Arizona
Mark, the Lord's blessing on upcoming dental work
Kim, Cole, Linda & Joe, God's blessings & leading
Don, recovery from knee replacement surgery
DeeDee's daughter & man involved in accident- complete healing
Jennifer, Sandi, Ted & Carol, peace & comfort as they go to different job locations



HEALTH TIPS



“Mind Games”

Offered by Ginny Sorensen
SeniorCircle.com

Mental workouts may help postpone signs of aging.

We’ve all struggled to recall the last name of a friend, lost the conclusion of a thought in mid-sentence, or searched our brain for what should be a familiar fact or detail ... only to come up empty. Is it Alzheimer’s disease? Possibly—but not likely. In most cases, these are simply the symptoms of an aging brain.

The brain’s response time slows down as we age, due to weakening connections that regulate the “conversation” between the right and left halves of the brain, according to new research. As this area of the brain that regulates right brain/left brain communication, known as the corpus callosum, ages, it is less efficient. The result is overlapping “conversation”, in which both halves of the brain “talk” and the body attempts to figure out how best to respond—resulting in a delayed reaction or information retrieval.

Using computer joysticks and MRI imaging, an August 2010 study at the University of Michigan explored brain activity and response times of different age groups—comparing adults ages 20 to 25 to adults ages 65 to 75. MRI readings measured blood oxygen levels in the brain, to determine the level of brain activity.

The more that the test activity targeted a specific side of the brain (i.e., the movement of a single arm or hand to operate the joystick), the slower the response times among older participants, according to researchers. “When both sides of the brain ‘talk’ simultaneously while one side of the body tries to move, confusion and slower response times result”, explains lead study author Rachael Seidler, associate professor at the University of Michigan’s School of Kinesiology and Department of Psychology.

So, is it possible to train your brain to be more limber—just as we train the muscles of the body? Several studies indicate that regular mental workouts and a healthy lifestyle do help keep the brain fit. Research focusing on patients with Alzheimer’s disease, dementia and neurological disorders (Parkinson’s disease or multiple sclerosis) has shown that programs involving a combination of drug therapy, regular exercise, a low-fat diet, socialization, meditation, and cognitive training are effective in delaying the symptoms of these diseases and supporting cognitive health.

A study published in the January 2010 edition of the *Archives of Neurology* found that frequent, moderate physical exercise reduced the risk of developing mild cognitive impairment (MCI). A companion study found that mentally stimulating activities such as knitting, quilting, reading books, playing games and performing computer-based mind games, were linked to a 50 percent decreased risk of MCI.

Researchers hypothesize that mental and physical workouts are effective together because mentally stimulating activities enhance brain activity, while exercise increases blood flow to the brain.

Definitions:

Cognitive Health: The overall well-being of the brain, including processes such as perception, memory, judgment, and reasoning.

Mild Cognitive Impairment (MCI): A condition in which a person has problems with memory, language, or another mental function severe enough to be noticeable to other people and to show up on tests, but not serious enough to interfere with daily life.

** The information published in these articles are not intended as a substitute for personal medical advice. Before making any decision regarding your health, please consult a physician or other qualified health-care practitioner.*

Turmoil Rocks the Middle East

Morocco: Protests bring political concessions, constitutional reforms.

Algeria: Protests bring lifting of 19-year state of emergency.

Tunisia: Protests lead to ouster of president and prime minister and dissolution of ruling party.

Libya: Protests and armed revolt lead to civil war and NATO intervention for rebel forces.

Egypt: Attacks, protests lead to ouster of president and prime minister, dissolution of parliament and state security force, assumption of power by armed forces, promises of new elections.

Sudan: President announces he will not seek another term in 2015.

Lebanon: Protests, clashes with riot police.

Syria: Demonstrations bring bloodshed, resignation of cabinet, release of political prisoners.

Jordan: Demonstrations, protests lead to dismissal of prime minister and cabinet.

Iraq: In state of war or turmoil since 2003. Protests, attacks lead to resignations of governors; prime minister promises to not seek another term in office after 2014.

Saudi Arabia: Government responds to demonstrations with force, offers economic concessions.

Yemen: Riots, protests bring resignations of members of ruling party, president offers to conditionally leave office.

Oman: Protests lead to dismissal of several ministers, economic and government concessions.

Bahrain: Demonstrations lead to economic concessions, release of political prisoners, dismissal of ministers, military intervention by Saudi Arabia.

Kuwait: Protests, clashes with riot police bring resignation of government.

Iran: Protests met with force and arrest and threatened execution of opposition leaders.

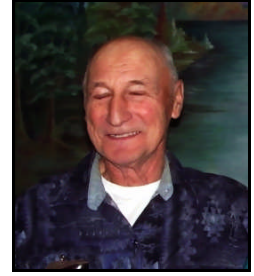
Afghanistan: In state of war since 2003.

AG Blocks Deportation Of Gay Man Illegally In U.S.

WASHINGTON—Attorney General Eric Holder has taken the uncommon step of setting aside the ruling of an immigration judicial panel in the deportation case of a gay man. Paul Wilson Dorman, an Irishman illegally in the United States, wants to stay with his partner, whom he married in a civil union in New Jersey. The Board of Immigration Appeals judges had ruled against Dorman on the basis of the Defense of Marriage Act, which defines marriage as between a man and a woman. Holder has asked the panel to reconsider the case and whether Dorman can be considered a spouse under New Jersey law. Holder also asks in his decision filed Wednesday whether Dorman's civil union or same-sex partnership would qualify him as a spouse under immigration law were it not for the Defense of Marriage Act, which the Obama administration has declined to defend in court.

HOW POLITICS AFFECT CHRISTIANITY

submitted by
Claude Sorensen



Rights Group Says 750 Civilians Dead In Syria

More than 750 civilians have been killed in Syria since an uprising against President Bashar Assad's regime began in mid-March, a human rights group said Tuesday.

Ammar Qurabi, who heads the National Organization for Human Rights in Syria, said the group has lists of 757 people who died. By comparison, fact-finding investigators said at least 219 people were killed in Tunisia and at least 846 in Egypt in those uprisings. Qurabi said thousands of Syrians have been detained in the past two months, including 9,000 still in custody.

- WORLD

Return To Exclusion Zone

In Kawauchi, Japan: Villagers in protective gear sort out their belongings during a brief visit Tuesday to their house near the Fukushima Dai-ichi nuclear plant. It was their first visit since the March 11 earthquake and tsunami.

- WORLD

Judge Blocks Utah Immigration Law

A federal judge blocked a new immigration law in Utah that would have allowed police to check the citizenship status of anyone they arrest.

Judge Clark Waddoups issued the ruling hours after the law went into effect, citing its similarity to an Arizona law now before federal courts. The Utah law would require police to check the citizenship status of anyone arrested for a felony or class-A misdemeanor, while giving them discretion to check citizenship for lesser offenses.

The ACLU and National Immigration Law Center argued the law, could result in racial profiling and the unlawful detention of U.S. citizens.

Indiana Adopts Strict Abortion Measures

Indiana Gov. Mitch Daniels signed a measure imposing some of the nation's tightest restrictions on abortions and making Indiana the first state to cut off funding to Planned Parenthood.

The Republican governor, who is considering a run for president, didn't advocate publicly for the bill. Planned Parenthood of Indiana went to court to try to keep the funding. The organization says the law—which would cut off about 43 million used to pay for services such as birth control, cancer screening and tests for sexually transmitted disease—is unconstitutional.

Protection Sought For More Species

The Obama Administration cut a deal with environmentalists to work through a backlog of more than 250 imperiled animals and plants to determine which merit federal protection.

With too few resources to cover restoration costs, the government has put many of them on a waiting list, some for more than 30 years.

The Silent Extermination of Iraq's 'Christian Dogs',

written by Raymond Ibrahim

Last week an Iraqi Muslim scholar issued a fatwa that, among other barbarities, asserts that "it is permissible to spill the blood of Iraqi Christians." Inciting as the fatwa is, it is also redundant. While last October's Baghdad church attack which killed some sixty Christians is widely known—actually receiving some MSM coverage—the fact is, Christian life in Iraq has been a living hell ever since U.S. forces ousted the late Saddam Hussein in 2003.

Among other atrocities, beheading and crucifying Christians are not irregular occurrences; messages saying "you Christian dogs, leave or die," are typical. Islamists see the church as an "obscene nest of pagans" and threaten to "exterminate Iraqi Christians." John Eibner, CEO of Christian Solidarity International, summarized the situation well in a recent letter to President Obama:

The threat of extermination is not empty. Since the collapse of Saddam Hussein's regime, more than half the country's Christian population has been forced by targeted violence to seek refuge abroad or to live away from their homes as internally displaced people. According to the Hammurabi Human Rights Organization, over 700 Christians, including bishops and priests, have been killed and 61 churches have been bombed. Seven years after the commencement of Operation Iraqi Freedom, Catholic Archbishop Louis Sako of Kirkuk reports: "He who is not a Muslim in Iraq is a second-class citizen. Often it is necessary to convert or emigrate, otherwise one risks being killed." This anti-Christian violence is sustained by a widespread culture of Muslim supremacism that extends far beyond those who pull the triggers and detonate the bombs.

The grand irony, of course, is that Christian persecution has increased exponentially under U.S. occupation. As one top Vatican official put it, Christians, "paradoxically, were more protected under the dictatorship" of Saddam Hussein.

What does one make of this—that under Saddam, who was notorious for human rights abuses, Christians were better off than they are under a democratic government sponsored by humanitarian, some would say "Christian," America?

Like a Baghdad caliph, Saddam appears to have made use of the better educated Christians, who posed no risk to his rule, such as his close confidant Tariq Aziz. Moreover, by keeping a tight lid on the Islamists of his nation—who hated him as a secular apostate no less than the Christians—the latter benefited indirectly.

Conversely, by empowering "the people," the U.S. has unwittingly undone Iraq's Christian minority. Naively projecting Western values on Muslims, U.S. leadership continues to think that "people-power" will naturally culminate into a liberal, egalitarian society—despite all the evidence otherwise. The fact is, in the Arab/Muslim world, "majority rule" traditionally means domination by the largest tribe or sect; increasingly, it means Islamist domination.

Either which way, the minorities—notably the indigenous Christians—are the first to suffer once the genie of "people-power" is uncorked. Indeed, evidence indicates that the U.S. backed "democratic" government of Iraq enables and incites the persecution of its Christians. (All of this raises the pivotal question: Do heavy-handed tyrants—Saddam, Mubarak, Qaddafi, et al—create brutal societies, or do naturally brutal societies create the need for heavy-handed tyrants to keep order?)

Another indicator that empowering Muslim masses equates Christian suffering is the fact that, though Iraqi Christians amount to a mere 5% of the population, they make up nearly 40% of the refugees fleeing Iraq. It is now the same in Egypt: "A growing number of Egypt's 8-10 million Coptic Christians are looking for a way to get out as Islamists increasingly take advantage of the nationalist revolution that toppled long-standing dictator Hosni Mubarak in February."

At least Egypt's problems are homegrown, whereas the persecution of Iraq's Christians is a direct byproduct of U.S. intervention. More ironic has been Obama's approach: Justifying U.S. intervention in Libya largely in humanitarian terms, the president recently declared that, while "it is true that America cannot use our military wherever repression occurs... that cannot be an argument for never acting on behalf of what's right."

True, indeed. Yet, as Obama "acts on behalf of what's right" by providing military protection to the al-Qaeda connected Libyan opposition, Iraq's indigenous Christians continue to be exterminated—right under the U.S. military's nose in Iraq. You see, in its ongoing bid to win the much coveted but forever elusive "Muslim-hearts-and-minds"—which Obama has even tasked NASA with—U.S. leadership has opted to ignore the inhumane treatment of Islam's "Christian dogs," the mere mention of which tends to upset Muslims.

*Raymond Ibrahim is associate director of the Middle East Forum.
www.meforum.org*

Scripture Readings For May

- May 7 - Psalm 1:1-6
Theme: "Blessed Is He Who Delights In the Law Of the Lord"
- May 14 - Ephesians 4:14-32
Theme: "Be Kind To One Another. Forgive."
- May 21 - Psalm 24:1-6
Theme: "Who may ascend the hill of the LORD?"
- May 28 - Verse Not Available
Theme: "N/A"

William Seward

Seward's Folly is what Alaska was called when it was first purchased from Russia, as it was thought to be of no value. Only when it was discovered to be rich in natural resources was appreciation shown to Secretary of State William Seward, who was born MAY 16, 1801.

Serving under Abraham Lincoln, William Seward was wounded by an accomplice of John Wilkes Booth the same night Lincoln was shot. Seward stated: "I do not believe human society...ever has attained, or ever can attain, a high state of intelligence, virtue, security, liberty, or happiness without the Holy Scriptures; even the whole hope of human progress is suspended on the ever-growing influence of the Bible."

As the vice-president of the American Bible Society, 1836, William Seward stated: "I know not how long a republican government can flourish among a great people who have not the Bible; the experiment has never been tried; but this I do know: that the existing government of this country never could have had existence but for the Bible."



Seward concluded: "I...believe that if at every decade of years a copy of the Bible could be found in every family in the land its republican institutions would be perpetuated."

www.americanminute.com

VACATION BIBLE SCHOOL!

The theme for VBS this year is *"Treasure In Christ"*. As we know, our children are little treasures that Christ has entrusted to us to teach and guide in His ways in accordance to His will. This will be the church's first VBS offered to this community; so, it must be special and fun for the little ones. There will be crafts, games, memory verses and a prize every day for each child to take home and enjoy. The children will be given snacks each day to keep up that energy! Shawn, Nadia and their volunteer team should have their hands full and then some!

The dates are June 27th-July 1st from 10:00 am - 1:00 pm located at the church site for children ages 6-11. An official graduation will be held on July 2nd inside the sanctuary during the regular Sabbath School hour. A "Treasure" Bible will be awarded to each child who attended. Pray for God's leading, that each child will be blessed; and that God will send lots of children to serve and lead to the Lord!



**HAPPY BIRTHDAY
TO OUR
JUNE
CHILDREN!**



**If we missed your birthday,
we're sorry.**
Dollie Foreman, June 15
Wayne Owens, June 7

“The Season of Reflection”



The evening of life! Yes: life has its sunset hour, its twilight season. The dim eye, the silvered lock and the feeble step, indicate that the closing period of earthly existence has arrived. How rapid has been the flight of time! How near must be the approach of eternity!

Evening is the time for reflection. . . “Remember how the Lord your God lead you all the way in the desert these forty years.” Old age is the most appropriate season for this consideration of the past...

Let neither pride nor prejudice hide the real state of things from your eyes. Ask God Himself to be your teacher. Make this your prayer: “Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting” (Psalm 139:23-24).

The retrospect is humbling. Yet, it leads to hope, and peace, and salvation. Both to the troubled Christian and the penitent sinner, the cheering annunciation of the gospel is: “The blood of Jesus Christ cleanses us from all our sins”...

Looking back should be combined with looking forward. The weary pilgrim, who recalls with mingled sorrow and gladness the events that have occurred during his journey, will also think of the rest and the welcome that wait for him in his happy home. The Christian traveler, as evening is closing in around him, loves to let his imagination dwell upon the many rooms in his Father’s house, where a place is being prepared for him.

(Author Unknown)

“VERSE OF THE MONTH”

I Corinthians 13:1-13 [KJV]

(1) Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal.

(2) And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing. (3) And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing. (4) Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, (5) Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; (6) Rejoiceth not in iniquity, but rejoiceth in the truth; (7) Beareth all things, believeth all things, hopeth all things, endureth all things. (8) Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away. (9) For we know in part, and we prophesy in part. (10) But when that which is perfect is come, then that which is in part shall be done away. (11) When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things. (12) For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known. (13) And now abideth faith, hope, charity, these three; but the greatest of these is charity.

“GOD IS LISTENING. ARE WE?”

Written by Sonny C. van Kempen

Faith is torn down. People are wounded and stumbling. This is occurring inside of churches all over the world, caused by brothers and sisters in Christ to their own church family members. What could be the cause of such horrific and unsolicited attacks? This occurs more often than we know, much of the time hidden from the sight of others. Often in whispers, behind the scenes, brethren are gathering in small groups slandering their own brothers and sisters, assassinating others' characters, and feeling justified in doing so. Why do we do this? Are those secretive little gatherings of the Lord? A resounding, “NO”! They are most certainly not of God. All things, which are done in secret, shall come to light! Believe it.

Jesus warned of such people as these, when He spoke these words in Mark 12:38-40 (KJV), *“And he said unto them in his doctrine, Beware of the scribes, which love to go in long clothing, and love salutations in the marketplaces, And the chief seats in the synagogues, and the uppermost rooms at feasts: Which devour widows' houses, and for a pretence make long prayers: these shall receive greater damnation.”* Even then, Jesus spoke of those, whose hearts were turned away from Him, while they sought self-indulgences. Their hearts were jaded, as they are today. They seek their own agendas and desire to elevate ‘self’, rather than God.

The victim of such a person will cry out, as in Psalm 109:22-31 (KJV), *“For I am poor and needy, and my heart is wounded within me. I am gone like the shadow when it declineth: I am tossed up and down as the locust. My knees are weak through fasting; and my flesh faileth of fatness. I became also a reproach unto them: when they looked upon me they shook their heads. Help me, O LORD my God: O save me according to thy mercy: That they may know that this is thy hand; that thou, LORD, hast done it. Let them curse, but bless thou: when they arise, let them be ashamed; but let thy servant rejoice. Let mine adversaries be clothed with shame, and let them cover themselves with their own confusion, as with a mantle. I will greatly praise the LORD with my mouth; yea, I will praise him among the multitude. For he shall stand at the right hand of the poor, to save him from those that condemn his soul.”* God will avenge His child. Woe to that one, who has purposed in his/her heart to harm even one of God's chosen. Even more so, of the one, who professes to be a child of God, and does evil in the sight of God against one of His children. To betray one of God's own, is to betray God Himself. Matthew 22:37-40 (KJV) is quite clear about loving God and others. *“Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.”*

Luke 6:41-46 (RSV), *“Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? Or how can you say to your brother, 'Brother, let me take out the speck that is in your eye,' when you yourself do not see the log that is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother's eye. "For no good tree bears bad fruit, nor again does a bad tree bear good fruit; for each tree is known by its own fruit. For figs are not gathered from thorns, nor are grapes picked from a bramble bush. The good man out of the good treasure of his heart produces good, and the evil man out of his evil treasure produces evil; for out of the abundance of the heart his mouth speaks. "Why do you call me 'Lord, Lord,' and not do what I tell you?”*

What is it that we're doing to one another? Why do we gather in secret to speak ill of our brothers and sisters or to plot against them, only to bring about our own agendas or to justify our own actions? This is not of the Lord, dear ones. This causes divisions inside the heart and inside the church. Until this ceases, no church can grow—not as individuals, and not as a body. People will come; but, they will eventually go. While this goes on, the church is not well. It will remain ill, because the people are seeking their own will and not the divine will of God.

We are blocking the power of the Holy Spirit. Do we not understand this? It is only when we die to ourselves, putting away all self-centered motives and begin to truly seek God's will and His guidance, and begin to love one another as Christ Jesus commands, that division will cease. Let us search our own hearts for such mal-intent, come before the throne of God and sincerely ask for His forgiveness for such deeds against His people. Let us truly become His children, not seeking our own; and, step out in faith, trusting God to take care of all things. He is faithful and just in all ways. When we empty ourselves of self, we can be filled with His Holy Spirit! Lay down ‘self’ and live in Christ. Even as I read this, I am convicted to ask God to forgive me for speaking evil against my brethren, to bridle my tongue and help me speak well of others. How about you?

CONTENT OF OUR NEWSLETTER

All writings are published to glorify our Lord and Savior, Christ Jesus. Inside, you will find writings of encouragement, church history, current world events which affect the church, hodge-podge page, calendar of events, recipes, garden / household tips, spiritually inspired short stories (funny or serious), personal Christian-based articles, writings from other authors, personal testimonies, job requests or offers for our work-related ads, items for sale or trade, praises of thanksgiving and prayer requests, health info, birthday wishes, and monthly scripture readings.

If you would like something published, please submit your ideas to Sonny on any Sabbath, *before Tuesday of the third week of each month*. Thank you for your contributions. May God bless you!

Exodus 20:1-17

- 1 And God spake all these words, saying,
- 2 I am the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage.
- 3 Thou shalt have no other gods before me.
- 4 Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth:
- 5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;
- 6 And showing mercy unto thousands of them that love me, and keep my commandments.
- 7 Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain.
- 8 Remember the sabbath day, to keep it holy.
- 9 Six days shalt thou labour, and do all thy work:
- 10 But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:
- 11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.
- 12 Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.
- 13 Thou shalt not kill.
- 14 Thou shalt not commit adultery.
- 15 Thou shalt not steal.
- 16 Thou shalt not bear false witness against thy neighbour.
- 17 Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

Please remember to pray for our brothers and sisters in Christ and all other requests submitted on our weekly *“Praise & Prayer Requests”* sheet. As we lift others up in prayer, be assured that God hears each and every prayer that we hold up to Him. When you have prayer requests that need to be addressed immediately, call 541.479.2440 or 541.660.3134 to receive prayer on the *“Prayer Chain”*. You may also ask our **elders to pray with you**.

When you need private counseling, you may contact Pastor Ralph Orton at 541.479.2440. His desire is to shepherd this flock. During our *“Prayer & Praise”* portion of the weekly Worship Service, we encourage you to speak your prayer requests, and they will be honored at that time.

The information and/or views as are expressed in this newsletter by individuals, are not necessarily the views of the Church of God 7th Day; and, therefore, the church is not to be held responsible or liable for their content.