

September 2009

“HEAVENLY HERALD” NEWSLETTER

Pastor Ralph Orton, Ministering
Pastor Rich Foreman, Assistant Minister
Sherry Orton, Bible Study



CHURCH OF GOD, 7th DAY
1150 NE 9th St., Grants Pass, OR 97526
541.479.2440
www.sabbathfellowshipofgrantspass.org

11:00 am Bible Study
12:00 pm Worship Service & Sermon
1:00 pm Potluck Open To the Community



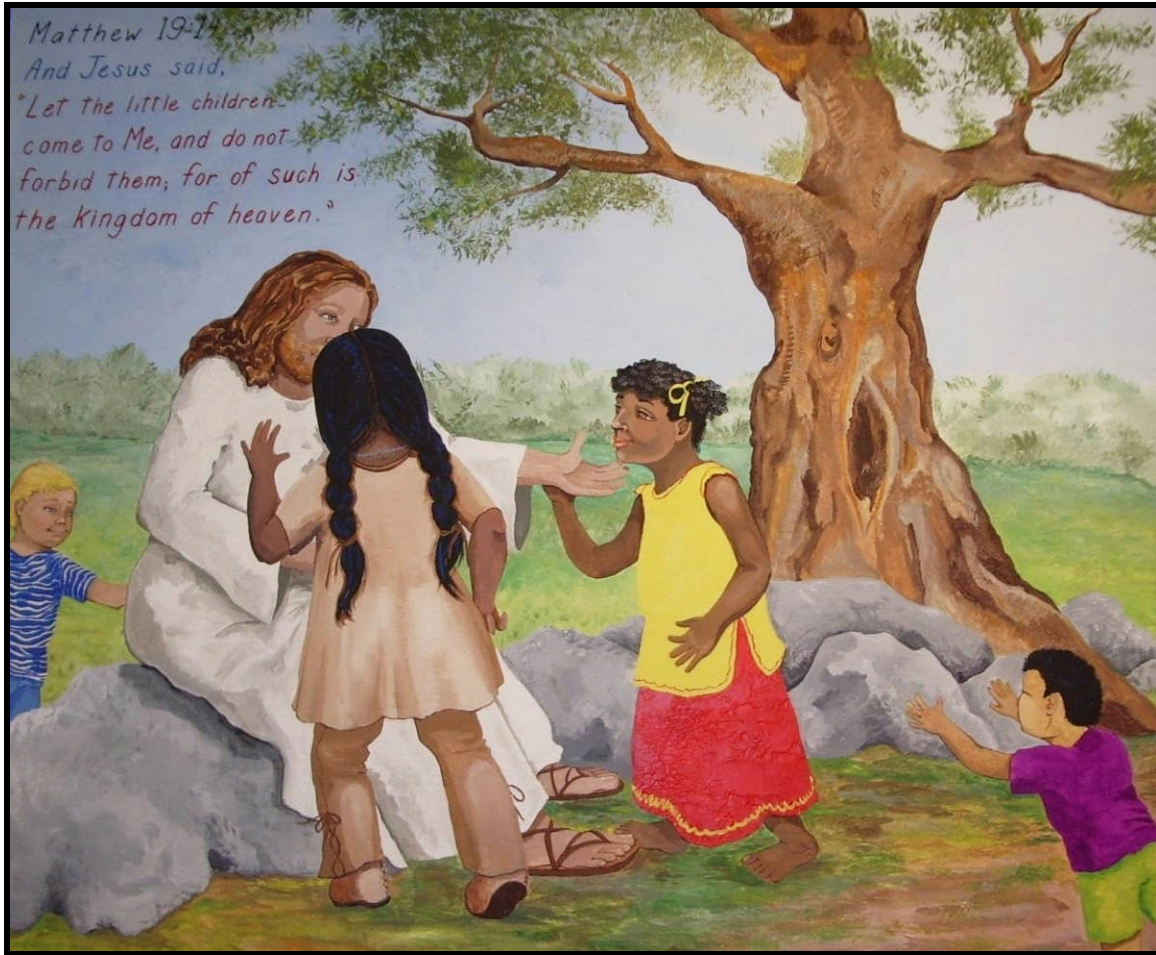
WELCOME
To The
“Biggest Little Church In Town”

Church News

■ As we looked toward our “Picnic in the Park”, we had a few meetings in preparation. As the coordinator of this event, I want to thank each one of you, who stepped forward and participated in executing a successful community gathering. We learned a few lessons as we went along; and will implement those changes at our next event. During our “Final Wrap Up” meeting, we had the opportunity to report the pros and cons of our planning, and how those plans did or did not work at the event.

We estimate 100 or so attended. Everyone pitched in to pull off the event without a hitch. Dollie did a fabulous job with the teens, children and young adults at the “games” area, with the help of Jason, Nehemiah and Ashley. The cooks, “King B and Queen B” (Claude and Ginny) ran an amazing barbecue. Pastor Ralph’s MC abilities shined throughout the event, as he shuffled between the spinning wheel and other tasks. Our musicians were real troopers. God blessed us with more musicians than those who committed to the event! Robert, Tom, Charla, Roxie, Mary and Jason volunteered in several areas throughout the day, making it easier on the rest of us. Sherry, Dollie and Charla did a fine job in shopping for, and setting up the event’s food and drink line. Lenay sparkled at the “Door Prizes” table that she set up just outside the gazebo. Thirty nine guests entered to win door prizes. Several of our previous church visitors attended, and we were able to invite them back again. It was a wonderful day, sharing our Lord Jesus with the community. God blessed all, as He continually does!

■ Some of our congregation began an outreach on Tuesday, July 21st, and walked around the neighborhood to deliver 250 door-hangers with quarter-page flyers attached for the “Picnic in the Park”, on the doors of the immediate area around the church. It was good for us to do this, for a number of reasons. We wanted to ***introduce our church to the community***, invite them to our picnic, spend time together on a group project; and we had a wonderful time with each other as we enjoyed the beautiful weather and good exercise. A second round on Tuesday, July 28th was completed. Again, 250 were hung. A total of 500 were delivered. Everyone had a great time, and are looking forward to more outings! If you can, please join the next efforts. A big “thank you” to our group, (Pastor Ralph, Sherry, Rich, Dollie, Tom, Sonny, Mary, Jason and Charla)!



Acrylic mural by Sonny van Kempfen
(Original in full color, approx. 7' x 6')

“But Jesus called the children to Him and said, ‘Let the little children come to Me, and do not hinder them, for the kingdom of God belongs to such as these. I tell you the truth; anyone who will not receive the kingdom of God like a little child will never enter it.’”
Luke 18:16-17

* See article under **“Children’s Ministry in Action”**, page 9



PASTOR RALPH & SHERRY ORTON

NOTES OF ENCOURAGEMENT



PASTOR'S NOTES

How many times have I mentioned the importance of, "Work and Play, Eat and Pray" in creating a sense of unity and a bond of brotherhood in the Church?

The truth of this concept was seen clearly in the efforts of the church in hosting *Picnic in the Park*. By now, most of you have received my personal "Thank You" note. Each of you that contributed to the success of the picnic played an important role and I just had to say so. As your Pastor, I am very pleased with the outcome; but perhaps, even more pleased with the teamwork that brought it all to fruition. It's truly written, "How good and pleasant it is when brothers live together in unity!" Well done!



SHERRY'S NOTES

"THE GREATEST THING I HAVE LEARNED"

The greatest thing I have learned in life, is that there is a direct correlation between the things that batter my soul, body and mind, and my victory; is how fast I pray, get out of the way, and deploy God to do my battles in life.

It is in prayer I find strength for life. Each day has its ordeals, and at times we wonder if we will survive them. There comes a time in the life of each of us when everything crumbles at our feet. All the supports upon which we're accustomed to – wealth, possessions, friends, and relatives – slip away into nothingness. When death takes loved ones, a void opens in our lives that nothing seems to fill. The petty thoughts we have, the small talk we indulge in, the day-by-day routine of our habits, sleeping and eating, working and playing, suddenly appear cheap and unworthy.

When failure is our lot, and that upon which we had set our hearts; that for which we had labored long and hoped for fervently is lost to us – a love unrequited, a child turned wayward, a friend untrue, a promise broken – despair settles upon us. A cloud of helplessness and bitterness envelops us. A foreboding threatens to take the taste of the joy of living from our mouths. And we sink beyond the helpful words of friends and the bright light of the Son into the dark misery of our own heart, – alone – forsaken – broken – defeated.

At times of death, failure or despair, when we can turn to no one else, for no one else understands, no one else seems to care, no one else will really listen ----- Turn to God; Break forth into prayer, comfort will come. He's been there all along, with His hands extended, waiting for you to rush to Him. Waiting to wrap His arms of love around you and whisper to you ----

'My child, what took you so long? I'll carry you over all your life's fears.
Hold tight to my hand as you walk through life, for I will never let you fall.
Always I'll catch you. What took you so long to turn to Me?'

My prayer: Lord, in times of distress, help me to run to You first. You are my protection amid life's storms. Thank you for Your sovereign protection and Your faithfulness. Thank you that You revealed yourself to me. I desire no other. How thankful I am that I know You. Truly You are the God of peace. How glad I am that you go before me and I need not trust in my hands, my abilities or my strength for my defense. My life is put into Your hands and I have all the help I need. How I praise You! Knowing You is the greatest joy of my life. I trust You above all else. I thank You for Your great love, and Your mercies I see new each day.

How grateful I am for the assurance of Your presence. I need not worry about the future, or others opinion of me; for I know that You will be always with me. Through You I push back all my enemies; and through Your name I triumph. My righteousness is all because You are alive inside of me.

I ask forgiveness when I struggle against Your perfect will, and thank You for Your unfailing love towards me. How I love You – Praise Your name forever. Thank You, that no matter where I am – You are there – and reign as King. Sherry

Upcoming Events & Community Activities:

Wednesday Evening Bible Study led by Pastor Ralph Orton. Meet at 6:00 pm in the church cafeteria.

Topic: "Church Core Beliefs"

Women's Luncheon on the third Wednesday of each month. We will meet on September 16, 12:00 pm at "Ethereal Café" located at 208 SW "6th" Street in Grants Pass next to the Kitchen Store between "G" and "H" Streets

Christian Music Jam: 1st Friday of each month at "The Grange" on Redwood Avenue, 6:00 pm

Family Movie Matinee: September 5th at 2:30 pm following the potluck. The movie is entitled, "Pilgrim's Progress: Journey to Heaven"

Bible Forum: September 12th at 2:30 pm following the potluck

Prayer Meeting: September 26th at 2:20 pm following the potluck. Bring a scripture that has impacted your life; and be prepared to share it, along with your story as to *how* it impacted your life.

Women's Luncheon Update: On August 19th, the ladies met once again at "Ethereal Café", a Christian restaurant located at 208 SW 6th Street. There were seven in attendance (Mary, Charla, Ginny and her daughter Valli, Lindy, Savannah, and Sherry). What a wonderful and refreshingly different experience it is, to enjoy a gentle, welcoming atmosphere with other Christians. We very much recommend that you go in, and see for yourself! As we girls gather together, you are invited to join us for lunch, as we honor our Lord and each other.



In this economy, we need to work together to make certain that no one is lacking; so let's make sure we make our need for jobs known. By the same token, if you are fortunate enough to be able to offer a job to someone, then advertise it here.

Jason Poole: Discount Carpet Cleaning / Handyman, no job to big or small. 541.441.0366

Valentine & Owings: Home Improvement (all types): painting, lawn & garden, fencing, etc. Free estimates. 892.6886

(room for more ads here) Call Sonny with your ad info. 660.3134

“LIVING IN PERILOUS TIMES”

Written by Sonny C. van Kempen

Here we are in the midst of economic crisis, social decay, global disasters; and it seems that chaos can be found at every turn. Most of our populous is in a state of emotional panic. Murders are increasing, parents are abandoning their families, religion has turned on itself, homes are being lost, the homeless population is increasing, savings are gone ... and the list of disasters goes on. “What on earth is happening?”, you might ask. Jesus tells us exactly what’s happening and what will happen in times to come (Matthew 24:3-44 and in Luke 21:7-36). He gives a full accounting of the fate of man, and the volatile condition of this planet. He gives us this account as a forewarning to those who will listen. All others will perish, because they refuse to listen to His warnings. What then? Shall we throw out faith and embrace feelings of fear? Shall we retreat into a shell, and tremble at the thought of these alarming events? Shall we resort to panic, and let our emotions override logic? Not at all. Jesus tells us not to fear. These things *must* come to pass. And they *will* come to pass! So what shall we do then? The answer is simple. Trust in Jesus Christ. Believe what He says. His Word never fails. The proof is in prophecy and its accuracy. He tells us to endure until the end, [John 13:13] “You will be hated by all because of My name, but the one who endures to the end, he will be saved.” I Peter 1:5 promises, “... who are protected by the power of God through faith for a salvation ready to be revealed in the last time.” So, hold fast to your faith!

Many lose sight of God’s plan by giving way to feelings. Though “feelings” are important, they’re not always the wisest way to seek “direction”. Feelings can be revealing when weighing them against spiritual solidity. You will soon discover that feelings are like sand; but God’s spiritual direction is like a rock. In these tough times, we need to be grounded in our faith; so that when many have given way to despair, we remain at peace. It’s in the depths of despair, where we begin our journey to understanding life in its deepest, most raw state. It’s here where the wheat and the chaff are separated. Once we have gone through some tough times, when the high times come, they’re much richer, because we have experienced the flame that lights the fire to understanding ourselves and others. It’s here that we begin to grow inwardly, and spiritually, if we are spiritually aware. If not grounded spiritually, the fall will be great.

The Bible states in Romans 8:28, “*And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.*” (NASV) Amidst our pain and suffering, there is relief and triumph. It may not manifest itself immediately; but, ultimately, God’s purpose is revealed as He ministers to our hearts, when our minds are ready and willing to see and accept the results of God’s wisdom. Only He has the strength and comfort, which can take us through these tumultuous and unpredictable times. He alone can truly heal us from the inside out, with such a complete healing that even pain will eventually erupt into joy. He is not limited to one or two healings; but He can heal us with every ebb and tide in our journey throughout the span of our entire lifetimes. So accept Jesus into your heart. Allow God’s healing in your life, hold fast to your faith in God, and trust in Him. Don’t depend on “feelings” to save you from the destruction of this world, or for them to help you gain entrance to heaven. You are not alone in these rocky and perilous times. Jesus Christ is always and forever with you.



“WALK TALL WITH A LONG NECK”,
she says ...

Written by Sonny C. van Kempen

Hold your head high, not to become proud or to say, “Behold my beauty!”; but instead, hold it high, looking towards heaven to our Heavenly Father, Who created us in His image.

Walk upright, stretching your back upwards, straight like an arrow to our Father in heaven where angels dwell and His glory shines forevermore.

Stand tall with feet firmly planted on the ground, awaiting the moment of our Lord and Savior’s return to lift us into His glory eternal.

Stand tall in love, compassion and understanding, always looking upwards into God’s gracious arms, where, one day, we can rest and collapse into His peace.

Written for Enyd DuBois, who is 91 years old, and loves God, Jesus and the Holy Spirit with her whole heart. She is an inspiration to me, as I observe her submission to the Lord.

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PRAISE IN SONG
Original Lyrics by Mike Kostal



“THIS LOVE”

This love I feel ... this love that’s real,
this love that comes from deep down inside,
THIS love, I cannot hide!

This love I cannot keep; *because*
this love is given to be shared.
This love that comes from upon high ...

THIS love that *will never* die!



Copyright of Mike Kostal 2001

PRAYER REQUESTS

(To request prayer, please call 479-2440.)

Please pray for:

Our Church Congregation, for the Holy Spirit to keep us bound together in love through Him, working out our differences in loving ways in accordance with the scriptures, not speaking ill of one another; and for the picnic outreach to yield good fruit.

Our Church Building, that God will bless us with free land to build His church upon.

Door Hanger Recipients, as seeds are planted, that God will lead them.

World Leaders, will seek God's counsel; and that Christians will have a burden to pray for them.

World Sabbath Keepers, to be more aware of changes in government restrictions & persecutions that lie ahead; safety for all of His missionaries; and that freedom of worship continues for everyone.

Israel & the Middle East, for peace, the return of our Messiah, & love of the Israeli people.

Lost Loved Ones, to find God

Children of the World, that they will come to know Jesus, and be guided by His Holy Spirit

Teens, as the suicide rate is high, that they will know God, have hope & coping skills; and that pregnant teens will make informed choices.

All Families, for the strength of God in these families, and for marriages to be held together.

Homeless, for shelter, food & healing; and that they will know God's love & the love of others.

Women's Fellowship Luncheon, for a close bond to form & good fruits to be produced.

Our Thoughts, that God will guard our thoughts & He will put a protective hedge around us.

Godly Sorrow, which leads to repentance, and repentance leads to salvation

St. Jude's Church, blessings & growth through the Holy Spirit; and for a good relationship with us.

Tom, for his family and ministry.

Ralph, for God's leading as he pastors the church.

Sherry, as she teaches bible studies.

Michael, strength in the Lord.

Alex, that God will provide a job for him.

Eric, has cancer. Pray for a good quality of life & healing.

Nicole, an unspoken prayer; & for the parent of Nicole's friend.

Tasha, that she will continue to allow God's leading.

Zeldna, for healing & blessings; and for her friend, Carol.

Ruby, as she deals with Alzheimer's. Pray for her peace.

Cynthia Teresa, who is in a Texas prison, that God will protect her from prison guards & lesbianism, and put a protective hedge around her. She needs courage, strength and hope.

Mike, for guidance of the Holy Spirit.

Nadia, complete healing from her diabetes & intestinal issues.

Charla, for their house to sell in God's timing; for peace, joy & strength in the Lord for her family; for her sons; for Charla's good health, peace & joy; & for an unspoken request.

Dude, two year old boy who needs continued healing of his heart.

Tom, that God will give him a calm, even temperament, peace & healing.

Tom, healing and guidance.

Tom, continued healing.

Steve, healing, delivery from alcoholism; and that he will know the Lord.

Tom, delivery from tobacco

Steve & Mike, delivery from alcoholism & other health issues.

David, deliverance from drug abuse.

Gary, to stop abusing his girlfriend, Carla; and for her safety; **Trisha**, continued strength in the Lord.

David, needs the Lord.

Dollie, continued healing for her children and grandchildren to have Godly sorrow; and for Rich & Dolly's children's ministry.

Sonny, that her house will sell in God's perfect timing; and for healing of her shoulders.

Patricia & Rolf, an unspoken prayer.

Terry, Shalii & family, blessings on their family and business.

Grady & Kendall, for blessed finances; **Jodie**, financial blessings.

Matt, for God's guidance & peace, and freedom from worldly additions.

Isaac, for a calm spirit & joy in his life.

Sue, healing. She has a blockage in her neck to her brain, bleeding & swelling in her brain.

Larry & Rita, that they will find full-time work; and **Terry**, for healing from serious health issues, strength & perseverance.

Dale-Marie, that she will be blessed with a good job and a loving husband; and **Vera** needs healing & peace.

Linda, will be blessed with a job in her field.

David, continued healing of his brain & substance dependency; and for normalcy.

Carolla, healing from her cancer, and a better quality of life.

Richard, healing from his Parkinson's Disease, & the ability to cope.

Andres, delivery from alcoholism & drug abuse; and strength in his recovery to not relapse.

Claudia & Roy, that God will bless them with good jobs & be their peace.

Vic, healing of kidney, leg problems, & skin cancer.

Nehemiah, healing & well-being; blessings on his marriage; healing of his mom & dad

Kelly, peace, comfort & healing from the loss of her husband, Michael.

Jay, who can't walk well & needs healing.

Susie, that she has peace concerning her job at the assisted living facility.

Jonathan & his parents, lift them up.

Kathy, for return of good health; for Ken's and Kathy's family to know the Lord; and for Chelsea.

Jeanie, healing from cancer, blessings, and a good quality of life.

Patti Ann, healing of back, emotional pain & health issues; and that she will return to church; and for **Rich**, peace in his life.

Claude, God's blessings & guidance in his ministry with the homeless.

Ginny, that God will give her peace & good sleep each night; healing on her throat, heart & other ailments.

Valli & Dick, healing & God's leading; and for **Verl & Patty**.

Vicky, for healing; for a friend who can help her to understand her life.

Loretta, healing of her left hip & restoration of health; & for Ginny's family members.

Barry & Heather, for God's leading & to raise their child in the church; and for healing of Ginny's two granddaughters and their husbands.

Delores, who has pancreatic cancer; & **Nancy** for healing of her ovaries.

Candee, for well-being & blessings.

Stew, that his endeavor to have a 24 hour prayer ministry will come to pass & be successful.

Brandon, healing, as he has some kind of muscular issues

John & Alda, for secure jobs; & for Asante.

Joe & his family, who lost his job, that he find another one; and for Asante's corporate VP.

John, needs steady work & a safe place to live.

Al, for God's leading in his life; and for **Michael** for God's guidance

Marjean & Vince, Jr., for their healing from the death of Vince.

Lindy, upcoming back surgery, spiritual well-being; & for Savannah; Lindi's mother's depression to lift

Jason, stability & success in his job and his life; and for **Rebecca**, healing for her & her son, Dominic.

Israel, for peace & healing.

Lowell & Margie, for their salvation; and that **Roger's family** will return to the Lord

Jackie, for her peace.

Jerry's family & church, healing from cancer & many other attacks

Don & John, serious Rheumatoid Arthritis

Dan & Suzanne, God's leading

Christine, healing from lupus

Robert, relief from back pain & healing

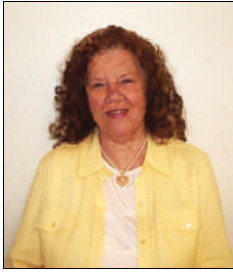
Gail, that no cancer will be found in the upcoming exam

Ryan, needs guidance, strength & comfort

Grant, healing & delivery

Sonny & her neighborhood, safety from the 4 men intruders.

Roy Morgan, return of good health.




HEALTH TIPS:
 Offered by Ginny Sorensen

“Flaxseeds & Flaxseed Oil”

Flaxseeds are rich in omega-3 essential fatty acids, magnesium, potassium, and fiber. They are also a good source of the B vitamins, protein, and zinc. They are low in saturated fats & calories, and contain no cholesterol. The nutty taste of ground flaxseeds is pleasant, and they can be mixed with water or any fruit or vegetable juice. They can also be added to salads, soups, yogurt, cereals, baked goods or fresh juices. You can grind these tiny seeds in a coffee grinder. Organic cold-pressed flaxseed oil is rich in essential fatty acids.

Several studies have shown that it can reduce the pain, inflammation, and swelling of arthritis. It has been found to lower blood cholesterol and triglyceride levels, and help reduce the hardening effects of cholesterol on cell membranes. You can purchase flaxseeds in seed form or in oil form. Always read the recommended use and temperature information when using flaxseeds in hot food preparation.

* Taken from “The Prescription for Nutritional Healing”, 4th Edition, by Phyllis Balch, CNC

*** Remember to always consult your physician before using any health aid or health product.**



**HAPPY
 ANNIVERSARY,
 Claude & Ginny!
 (34 years)**

CHECK YOUR THYROID

You will need a mercury thermometer. Shake it down before you go to bed. First thing in the morning before getting out of bed and moving about and heating your body, put the thermometer under your arm pit for at least ten minutes. If your temperature is lower than 97.6 degrees, you should have your thyroid checked.

** Medical info taken from Trinity Broadcasting Network.*



offered by
Robert Canelli

HOW POLITICS AFFECT CHRISTIANITY

submitted by Claude Sorensen



TSUNAMI RISK HIGHER THAN THOUGHT

The chance that a tsunami could crush the West Coast of North America may be much greater than thought, according to a study of geological evidence along the Alaskan coast. University of Utah geologist Ron Bruhn found that two huge Alaskan earthquakes 900 and 1,500 years ago ruptured several fault segments, suggesting those quakes and the related tsunamis were far worse than the magnitude 9.2 earthquake in Alaska in April 1964 (the second-largest quake ever recorded) that caused co-author Ian Shennan of Durham University (U.K.) said that if a quake similar to those prehistoric quakes struck today, the resulting tsunami “could cause damage and threaten life from Alaska to California and beyond.” The study is published in the journal *Quaternary Science Reviews*.

- Doyle Rice

COURT RULES MAN CAN SACRIFICE GOAT AT HOME

DALLAS - A federal appeals court reversed a lower court’s ruling on Friday that barred a Santeria priest from sacrificing goats in his Texas home, saying a city’s decision to prohibit the ritual violated the man’s religious rights. Jose Merced, 46, accused the city of Euless, Texas, of trampling on his constitutional right to religious exercise. The city claimed the sacrifices jeopardized public health and violated its slaughterhouse and animal cruelty ordinances. Last year, U.S. District Judge John McBryde sided with the Forth Worth suburb and dismissed the Puerto Rico native’s claims. Merced appealed. In its ruling, the 5th U.S. Circuit Court of Appeals in New Orleans said the exercise of religion without advancing a compelling governmental interest using the least restrictive means.”

GEFFEN RECORDS TAKES CHANTS ON POPE ALBUM

‘ALMA MATER’ to be released November 30

Pope Benedict XVI has signed with a major record label to cut an album of songs and prayers to the Virgin Mary. Geffen Records, whose artists include Ashlee Simpson and Snoop Dogg, will release *Alma Mater*, featuring the pope’s chants and prayers along with eight original classical compositions, on Nov. 30.

Benedict’s voice, in Latin, Italian, Portuguese, French, and German, was recorded in St. Peter’s Basilica at the Vatican and during papal trips abroad. The pope will be accompanied by a choir recorded in Rome. The album also will feature classical music by an international group of composers of various faiths, to be performed by the Royal Philharmonic

Orchestra at London’s Abbey Road studios, most famous for its association with the Beatles. “The pope has got almost a lullaby tone to the way he sings,” Geffen’s president Colin Barlow told Britain’s *Telegraph* newspaper. “There’s quite a huge Catholic fan base out there.”

A portion of the profits from sales will support music education for underprivileged children around the world.

In his recording venture, Benedict follows the lead of predecessor Pope John Paul II, who released several albums during his 26-year pontificate, including one of him praying the Rosary. The BBC says that album rose to No. 50 on sales charts.

APA: GAYS SHOULDN’T BE ADVISED TO CHANGE

The American Psychological Association has declared that mental-health professionals should not tell gay clients they can become straight through therapy or other treatments. A comprehensive research report by the APA’s governing council says there is no evidence that so-called reparative therapy, which seeks to change sexual orientation, works: some research found these therapies could induce depression and suicidal tendencies. Instead, psychologists should tell patients that if their religious and sexual orientation conflict, they should consider options such as celibacy or switching churches.

USA TODAY

Recipe of the Month
Contributed by Kathy Ogren



A Bit of Humor

**Southwestern
Chicken Noodle Casserole**

- 4 cups 'no-yolk' noodles cooked and drained (found in the Heart Smart section of the store)
- 2 cans of the 9 oz Cream of Mushroom soup
- 1/4 cup of skimmed milk
- 1 cup of cooked chopped chicken
- 1 can of Rotel (spicy seasoning)
- 1-10 oz box of mixed veggies thawed

Combine all ingredients in a large bowl and mix. Spray a 9x13 pan with Pam (a pan that can go into an oven, i.e. Pyrex). Place the ingredients into the pan, and bake at 350 degrees for 30 minutes or until hot. *Wah-La!!*

(Judy's Recipe)



Two brothers are sitting out on their deck in Grants Pass enjoying the evening, while looking at the stars and the moon. The first brother says, "Look at that moon! It's so beautiful. It reminds me of a trip that I took to Mexico."

The second brother looks at the first brother with a puzzled look on his face, and asks, "Well ... how does the moon remind you of Mexico?"

The first brother replied, "Mexico is far away, and so is the moon. Besides, you can see the moon in Mexico, too."

The second brother, still puzzled asks, "Uh, okay ... Which one do you suppose is closer?"

A little bit irritated, the first brother responds, "Well, think about it! We can see the moon, can't we? Well, can we see Mexico? Duh!"



 * **Garden or Household Tips** *
 * offered by Charla Blankenhorn *

"GO NATURAL!"

Homemade solution for trapping earwigs: Set an empty tuna can, cottage cheese container or yogurt container into the soil, so the top lip is at ground level. You can also fill the container half full with olive oil or some type of cooking oil. Earwigs are attracted to the scent of the oil, fall in and drown. You can also add a solution of: 1 tbs. of vegetable oil, 1 tbs. of molasses, 1 tbs. of dry yeast, and 1 cup of warm water. Stir the liquid. The yeast and molasses attract the earwigs, and the oil suffocates them.

* Information provided through David James of the Grants Pass Daily Courier. A summary.

Scripture Readings for August

August 1 - Amos 1:9-11; Ephesians 4:15-16

Theme: "Love & Forgive Your Brothers"

August 8 - Proverbs 3:3-4; Matthew 7:5; Colossians 3:12-14

Theme: "Forgive as Christ Forgave You"

August 15 - No Scripture Reading. "Picnic in the Park"

Theme: "Community Outreach"

August 22 - I Chronicles 16:25-36

Theme: "Praise God, for He is Mighty & Good!"

August 29 - Romans 12:18; Matthew 18:35; Matthew 6:14-15

Theme: "Forgive from the Heart & Live in Peace with All"

Person of the Month

Meet Jason ...

His energetic happy-go-lucky personality draws you to him right away. What's not to love? Jason is highly innovative. He has a million ideas, and isn't afraid to try them. We could all take a lesson from him about tenacity in action!



Jason Poole

His dog, Bella, is a lucky girl. He loves her, and takes her wherever he goes. It's obvious that her affection for him is genuine, too.

No matter what's going on with him, he always has time to give a hug, a smile, or a word of encouragement. He's a pleasure to be around... And, thank you, Jason, for the wonderful job you did on the lunch room carpet (among many other good deeds). We appreciate you!

September 13 - Lenay
September 14 - Shay Lynn
September 18 - Sonny
September 21 - Savannah
September 21 - Tom

**HAPPY BIRTHDAY TO
OUR SEPTEMBER
CHILDREN!!!**





Children's Ministry in Action!

written by

Rich Foreman & Dollie Newstrand

Even a child is known by his actions, by whether his conduct is pure and right. Proverbs 20:11

'Children in Action' is a very important part of children's ministry. The young and the not-so-young like to play games. This was very evident at our recent *Picnic in the Park*. Not only were there the very young, but also many of the adults joined in to play the games. All were challenged by the not-so-easy Lawn Tic-Tac-Toe game. Most found it quite difficult to even get one ring around the dowel; yet, they continued to try. There was one young girl who seemed to have a real knack for the game. She shared with me, that she also did very well in the games at her school carnival.



How we approach playing games is very important. Not only are games fun, but they also can teach children a great deal. Children learn to take turns, encourage one another, fair play, and to challenge themselves to do better; and most games can be used to help children learn more about the Bible and their Creator. The element of competition in games does seem to surface at times, but when it is focused on improving oneself, that is beneficial. Many of the children at the *Picnic in the Park* exhibited very positive behaviors as they played the games. Some of the adults even learned from the children. One little girl taught us not to give up, as she continue playing for hours until she was able to get three rings in a row.

High score was the challenge for one young boy as he continued until he reached the highest score possible in the Chux! Toss game. These children were known by their actions. What a blessing!

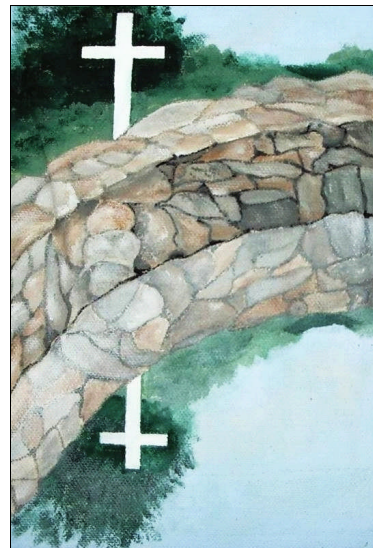
Romans 12:20-21

NASV

Written by Apostle Paul, a lawyer, who was eager to prove the gospel's power to save & sanctify both Jew & Gentile

"But if your enemy is hungry, feed him, and if he is thirsty, give him drink; for in so doing you will heap burning coals on his head."

Do not be overcome by evil, but overcome evil with good.



Acrylic Painting by Sonny van Kempen
(Original is in full color.)

THOUGHTFUL CHRISTIAN RESPONSE TO UNCERTAIN TIMES

Statements taken from “Corban” magazine - Spring 2009 issue

Uncertainty. It’s an age-old companion that surfaces anytime things feel out of our control, but in recent weeks it may feel like it’s taken up permanent residence in our minds. In Matthew 6:25, Jesus said, *“For this reason I say to you, do not be worried about your life, as to what you will eat or what you will drink; nor for your body, as to what you will put on. Is not life more than food, and the body more than clothing?”*

Anyone watching current events on Wall Street knows that there is much uncertainty about our nation’s economic future. And uncertainty about our finances often has a ripple effect into other areas of our minds. Getting our focus off the bad news and reminding ourselves of a higher purpose is sometimes the only true way to gain balance in our thinking and bring hope and optimism to our day. Recently we asked some of Corban’s faculty to share their thoughts on the subject and share their “thoughtful Christian response” about living in a world of uncertainty.

Lee Ann Zanon, Assistant Professor of Ministries, writes:

“The Lord offers a powerful weapon against anxiety, but I must choose to use it.” I felt unusually tired. “Lord, why is it so much work to rest in You?” As I prayed those words, I began to understand. An ongoing personal challenge had recently intensified, with no sign of letting up. In addition, the news reports about America’s crumbling economy just kept getting worse. The cumulative effect of life was taking its toll.

One of my favorite Scripture passages is Philippians 4:6-8, *“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.”* God calls me to pour out my concerns, give Him praise, and dwell on what is good. In return, He provides peace, far beyond what makes logical sense.

I’d experienced this amazing process many times through the years, but recently it had felt like a moment-by-moment battle. Panic seemed poised to overwhelm me. Yet as I took a moment to reflect, I realized the Philippians principle was working once again. Beneath my weariness, I sensed a solid foundation of hope and well-being.

In these uncertain days, I’m learning more deeply about basing my thoughts and emotions upon God’s Word. I’m challenged to carefully evaluate my thinking and make sure it aligns with biblical truth. The Lord offers a powerful weapon against anxiety, but I must choose to use it.

A recent issue of Decision Magazine featured this anonymous quote, “Peace rules the day when Christ rules the mind.” By the power of His Spirit, I must deliberately say “no” to worry and “yes” to prayer, praise, and His promises. In doing so, I also say “yes” to peace.

I wish that focusing my attention on the Lord, rather than life’s circumstances, was a once-and-for-all decision. Since it’s not, I’ll keep asking, thanking, and trusting, one day at a time.

CONTENTS OF OUR NEWSLETTER



If you have items of interest that you would like to share with the rest of our congregation for the monthly newsletter, please gather them up during the month, and either give them to Sonny on any Sabbath, or call her at 660-3134. Make sure you get your golden tid bits in no later than the third week of each month. If you see a person's photo by an article, that's because that particular person has been invited to contribute to that category each month ongoing. Maybe you could give them short articles for their category from time to time.

Some items that might interest you, could be church history, current world events pertaining to the church in general, recipes, sewing tips, garden tips, household tips, spiritually inspired short stories (funny or serious), shared experiences you've had with other church members in our congregation (with their permission of course), personal writings, or writings from another author, your personal testimony, job requests or offers for our work-related ads, items for sale or trade, praises of thanksgiving, and so on ...

Be creative! We'll look forward to reading all about it (whatever "it" might be). If our newsletter becomes too long, your item may appear in the next newsletter (if it isn't time-related). Thank you in advance for your contributions.

Please remember to pray for our brothers and sisters in Christ and all other requests submitted on our weekly **"Prayer Requests"** sheet. As we lift others up in prayer, be assured that God hears each and every prayer that we hold up to Him. When you have prayer requests that need to be addressed immediately, you may fill out a "Prayer Request" form and drop it in the box on the sanctuary table by the door; or simply call Mary at 582-1620, who takes prayer requests for the **"Prayer Chain"**. You may also ask our **elders to pray with you.**

When you need private counseling, you may contact Pastor Ralph Orton at 479-2440. His desire is to shepard this flock. During our **"Prayer & Praise"** portion of the weekly Worship Service, we encourage you to speak your prayer requests, and they will be honored at that time.

Church of God 7th Day Newsletter
September Edition 2009

The information and/or views as are expressed in this newsletter by individuals, are not necessarily the views of the Church of God 7th Day, and therefore, the church is not to be held responsible for their content.

*** NOTE: This edition of the Heavenly Herald Newsletter has been updated to fit the new format and church location in February of 2011.**